



Dr Hendrik Huthoff

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Looking after your mental health in academia

Dr Hendrik Huthoff, Head of Education at the Jena School for Microbial Communication, is responsible for the training program of doctoral and post-doctoral researchers. During his chemistry studies and his PhD research, he developed a severe anxiety disorder that had a major impact on his life despite finding ways of successfully completing his scientific work. Nowadays, he is active as a mental health advocate to improve provisions at institutes of higher education and to highlight that mental health problems can be solved with the right kind of support.

Monday, 30 August 2021, 16:00 (s.t.)
(CEST/UCT+2)

The seminar will take place online via Zoom.
Please register [here](#) to participate.

This seminar is co-organised by GenEvo and
SFB 1361.



For more information, please contact: events@imb.de

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